

Dr. Sonal Mansingh

A ZigZag Mind



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A Zigzag Mind is an autobiographical testimony of an artist's (Sonal Mansingh) life that recounts unique and priceless moments of self-revelation. The book has been segmented into twenty six chapters in which the author exquisitely illustrates various themes ranging from 'Guru Sisya Parampara', 'Making of a Classical Dancer', 'Creativity in Dance', 'Why Life is Divine', 'Yamuna-Witness to Krsna Lila', 'Sapta Nadi', 'Why I am Dvija', 'Radha', 'Draupadi', 'When the Gods Meet' to 'Ramayana as narrated by Tulasidasa'.

Besides public triumphs in on-stage performances, the author describes her inner awakening and her victories over self. She gives references to Sapta Nadi (seven rivers), the source of life and the rhythm of which gave tremendous momentum to the cultural civilization that represent the philosophical contemplation of India, their enactment in the play is a source of her inner awakening.

The author calls herself dvija as she rose above her mundane body and transcended her limitless passion for exploring new frontiers of Indian aesthetics despite her meeting severe accidents and physical challenges. She also presents a fascinating account of re-narration of our civilizational text Ramayana by Tulasidasa in the 16th century and how she adapted some of its important episodes during stage performances.

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Author- Dr. Sonal Mansingh

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