

Indira Gandhi National Centre for the Arts

Kaladarsana Division
Cordially Invites you to join

Yoga Classes

being organised to celebrate

International Day of Yoga

Under the guidance of
Dr. Binay Kumar Thakur
Renowned Yoga Instructor

20th May to 19th June 2026
(Working Days)

4:00 P.M. to 5:00 P.M.



Venue: Darshanam 1 & 2, IGNC, New Delhi-110001
For online classes: Link will be provided.

Limited
Offline seats!
First come
first served!

Larger
participation
through
online mode

Hurry Up!

Take the first step to a healthier you.

Register on this link:

[Registration Link](#)



or scan the QR now!