

prathamah samādhi-pādaḥ |

atha yogānuśāsanam ||1||
yogaś citta-vṛtti-nirodhaḥ ||2||
tadā draṣṭuḥ svarūpe'vasthānam ||3||
vṛtti-sārūpyam itaratra ||4||
vṛttayaḥ pañcatayyaḥ kliṣṭā akliṣṭāḥ ||5||
pramāṇa-viparyaya-vikalpa-nidrā-smṛtayaḥ ||6||
pratyakṣānumānāgamāḥ pramāṇāni ||7||
viparyayo mithyā-jñānam atad-rūpa-pratiṣṭham ||8||
śabda-jñānanupātī vastu-śūnyo vikalpaḥ ||9||
abhāva-pratyayālambanā vṛttir nidrā ||10||
anubhūta-viśayāsampramoṣaḥ smṛtiḥ ||11||
abhyāsa-vairāgyābhyām tan-nirodhaḥ ||12||
tatra sthitau yatno'bhyāsaḥ ||13||
sa tu dīrgha-kāla-nairantarya-satkārāsevito dṛḍha-bhūmiḥ ||14||
dṛṣṭānuśravika-viśaya-vitr̥ṣṇasya vaśīkāra-samjñā vairāgyam ||15||
tat-param puruṣa-khyāter guṇa-vaitṛṣṇyam ||16||
vitarka-vicārānandāsmitārūpānugamāt samprajñātaḥ ||17||
virāma-pratyayābhyāsa-pūrvaḥ saṁskāra-śeṣo'nyaḥ ||18||
bhava-pratyayo videha-prakṛti-layānām ||19||
śraddhā-vīrya-smṛti-samādhi-prajñā-pūrvaka itareṣām ||20||
tīvra-samvegānām āsannaḥ ||21||
mṛdu-madhyādhi-mātratvāt tato'pi viśeṣaḥ ||22||
īśvara-praṇidhānād vā ||23||
kleśa-karma-vipākāśayair aparāmṛṣṭaḥ puruṣa-viśeṣa īśvaraḥ ||24||
tatra niratiśayam sarvajñatva-bījam ||25||
sa pūrveṣām api guruḥ kālenānavacchedāt ||26||
tasya vācakaḥ praṇavaḥ ||27||
taj-japas tad-artha-bhāvanam ||28||
tataḥ pratyak-cetanādhigamo'py antarāyābhāvaś ca ||29||
vyādhi-styāna-saṁśaya-pramādālasya virati-bhrānti-darśanālabdha-bhūmikatvānavasthitatvāni
citta-vikṣepās te'ntarāyāḥ ||30||
duḥkha-daurmanasyāṅgam ejayatva-śvāsa-praśvāsā vikṣepa-saha-bhuvāḥ ||31||
tat-pratiśedhārtham eka-tattvābhyāsaḥ ||32||

maitrī-karuṇā-muditopekṣaṇām sukha-duḥkha-puṇyāpuṇya-viṣayaṇām bhāvanātaś citta-
prasādanam ||33||
pracchardana-vidhāraṇābhyām vā prāṇasya ||34||
viṣayavati vā pravṛttir utpannā manasaḥ sthiti-nibandhinī ||35||
viśokā vā jyotiṣmatī ||36||
vīta-rāga-viṣayam vā cittam ||37||
svapna-nidrā-jñānāmbanām vā ||38||
yathābhimata-dhyānād vā ||39||
paramāṇu parama-mahattvānto'sya vaśīkārah ||40||
kṣīṇa-vṛtter abhijātasyeva maṇer grahīṭṭ-grahaṇa-grāhyeṣu tat-stha-tad-añjanatā-
samāpattiḥ ||41||
tatra śabdārtha-jñāna-vikalpaiḥ saṁkīrṇā savitarkā samāpattiḥ ||42||
smṛti-parisuddhau svarūpa-sūnyevārtha-mātra-nirbhāsā nirvitarkā ||43||
etayaiva savicārā nirvicārā ca sūkṣma-viṣayā vyākhyātā ||44||
sūkṣma-viṣayatvaṁ cālīṅga-paryavasānam ||45||
tā eva sa-bijaḥ samādhiḥ ||46||
nirvicāra-vaiśāradye'dhyātma-prasādaḥ ||47||
rtambharā tatra prajñā ||48||
śrutānumāna-prajñābhyām anya-viṣayā viśeṣārthatvāt ||49||
taj-jaḥ saṁskāro'nya-saṁskāra-pratibandhī ||50||
tasyāpi nirodhe sarva-nirodhān nirbijaḥ samādhiḥ ||51||

iti patañjali-viracite yoga-sūtre prathamah samādhi-pādaḥ |

dvitīyah sādhana-pādaḥ |

tapahsvādhyāyeśvarapraṇidhānāni kriyāyogaḥ ||1||
samādhībhāvanārthaḥ kleśatanūkaraṇārthaś ca ||2||
avidyāsmītā-rāga-dveṣābhīniveśāḥ kleśāḥ ||3||
avidyā kṣetram uttaraśāṁ prasuptatanuvicchinodārāṇām ||4||
anityāśuciduḥkhānātmasu nityāśucisukhātmakhyātiravidyā ||5||
dṛḡdarśanaśaktiyorekātmatevāsmitā ||6||
sukhānuśayī rāgaḥ ||7||
duḥkhānuśayī dveṣaḥ ||8||
svarasavāhī viduṣo'pi tathārūḍho bhīniveśaḥ ||9||

te pratiprasavaheyāḥ sūkṣmāḥ ||10||
dhyānaheyāstadvṛttayaḥ ||11||
kleśamūlaḥ karmāśayo dṛṣṭādrṣṭajanmavedaniyāḥ ||12||
sati mūle tadvipāko jātyāyurbhogāḥ ||13||
te hlādaparitāpaphalāḥ puṇyāpuṇyahetuvāt ||14||
pariṇāmatāpasamṣkāraduḥkhaiguṇavṛttivirodhāc ca duḥkham
eva sarvaṁ vivekinaḥ ||15||
heyam duḥkham anāgatam ||16||
draṣṭṛdrṣyayoḥ saṁyogo heyahetuḥ ||17||
prakāśakriyāsthitiśilam bhūtendriyātmakam bhogāpavargārtham dṛśyam ||18||
viśeṣāviśeṣaliṅgamātrāliṅgāni guṇaparvāni ||19||
draṣṭā dṛśimātraḥ śuddho'pi pratyayānupaśyaḥ ||20||
tadartha eva dṛśyasyātmā ||21||
kṛtārtham prati naṣtam apyanaṣtam tadanyasādhāraṇatvāt ||22||
svasvāmīśaktyoḥ svarūpopalabdhihetuḥ saṁyogaḥ ||23||
tasya heturavidyā ||24||
tadabhāvāt saṁyogābhāvo hānam| taddṛśeḥ kaivalyam ||25||
vivekakhyaṭiraviplavā hānopāyaḥ ||26||
tasya saptadhā prāntabhūmiḥ prajñā ||27||
yogāṅgānuṣṭhānād aśuddhikṣaye jñānadīptirā
vivekakhyaṭeḥ ||28||
yamaniyamāsanaprāṇāyāmapratyāhārādhāraṇādhyānasamādhayo'ṣṭāva aṅgāni ||29||
ahiṁsāsatyāsteyabrahmacaryāparigrahā yamāḥ ||30||
jātideśakālasamayānavacchinnāḥ sārvaḥbhāumā mahāvratam ||31||
śaucasamtoṣatapaḥsvādhyāyeśvarapraṇidhānāni niyamāḥ ||32||
vitarkabādhane pratipakṣabhāvanam ||33||
vitarkā hiṁsādayaḥ kṛtakāritānumoditā lobhakrodhamohapūrvakā mṛdumadhyādhimātrā
duḥkhājñānānantaphalā iti pratipakṣa-bhāvanam ||34||
ahiṁsāpratiṣṭhāyām tatsannidhau vairatyāgaḥ ||35||
satyapratīṣṭhāyām kriyāphalāśrayatvam ||36||
asteyapratīṣṭhāyām sarvaratnopasthānam ||37||
brahmacaryapratīṣṭhāyām vīryalābhāḥ ||38||
aparigrahasṭhairye janmakathamtāsambodhaḥ ||39||
śaucāt svāṅgajugupsā parairasamṣargaḥ ||40||
sattvasūddhisaumanasyaikāgryendriyajayātmadarśanayogyatvāni ca ||41||
samtoṣād anuttamaḥ sukhālābhāḥ ||42||
kāyendriyasiddhiraśuddhikṣayāt tapasaḥ ||43||

svādhyāyād iṣṭadevatāsamprayogaḥ ||44||
samādhisiddhirīsvaraṇidhānāt ||45||
sthīrasukham āsanam ||46||
prayatnaśaithilyānantasamāpattibhyām ||47||
tato dvandvānabhighātaḥ ||48||
tasmin sati śvāsapraśvāsayorgaticchedaḥ prāṇāyāmaḥ ||49||
bāhyābhyantarastambhavṛttiḥ deśakālasamkhyābhiḥ
paridṛṣṭo dīrghasūkṣmaḥ ||50||
bāhyābhyantaraviśayākṣepī caturthaḥ ||51||
tataḥ kṣiyate prakāśāvaraṇam ||52||
dhāraṇāsu ca yogyatā manasaḥ ||53||
svasvaviśayāsamprayoge cittasya svarūpānukāra ivendriyāṇām pratyāhāraḥ ||54||
tataḥ paramā vaśyatendriyāṇām ||55||

iti patañjali-viracite yoga-sūtre dvitīyaḥ sādhana-pādaḥ |

tr̥tīyaḥ vibhūti-pādaḥ |

deśa-bandhaś cittasya dhāraṇā ||1||
tatra pratyayaikatānatā dhyānam ||2||
tad evārthamātranirbhāsaṁ svarūpaśūnyam iva samādhiḥ ||3||
trayam ekatra saṁyamāḥ ||4||
tajjayāt prajñālalalokaḥ ||5||
tasya bhūmiṣu viniyogaḥ ||6||
trayam antaraṅgam pūrvebhyaḥ ||7||
tad api bahiraṅgam nirbījasya ||8||
vyutthāna-nirodha-saṁskārayor abhibhava-prādurbhāvau nirodha-kṣaṇa-cittānvayo nirodha-
pariṇāmaḥ ||9||
tasya praśānta-vāhitā saṁskārāt ||10||
sarvārthataikāgratayoḥ kṣayodayau cittasya samādhi-pariṇāmaḥ ||11||
tataḥ punaḥ śāntoditau tulya-pratyayau cittasyaikāgratā-pariṇāmaḥ ||12||
etena bhūtendriyeṣu dharmā-lakṣaṇāvasthā-pariṇāmā vyākhyātāḥ ||13||
śāntoditāvyaṇyapadeśya-dharmānupātī dharmī ||14||
kramānyatvam pariṇāmānyatve hetuḥ ||15||
pariṇāma-traya-saṁyamād atītānāgata-jñānam ||16||

śabdārtha-pratyayānām itaretarādhyāsāt saṃskaraḥ | tat-pravibhāga-saṃnyamāt sarva-bhūta-ruta-
jñānam ||17||
saṃskāra-sākṣat-karaṇāt pūrva-jāti-jñānam ||18||
pratyayasya para-citta-jñānam ||19||
na ca tat sālambanam, tasyāviśayābhūtāt ||20||
kāyarūpasamnyamāt tadgrāhyaśaktistambhe cakṣuḥprakāśāsamprayoge'ntardhānam ||21||
etena śabdādyantardhānamuktam sopakramam nirupakramam ca karma| tatsamnyamād
aparāntajñānam, ariṣṭebhyo vā ||22||
maitryādiṣu balāni ||23||
baleṣu hastibalādīni ||24||
pravṛttyālokanyāsāt sūkṣmavyavahitaviprakṛṣṭajñānam ||25||
bhuvanajñānam sūrye saṃnyamāt ||26||
candre tāravyūhajñānam ||27||
dhruve tadgatijñānam ||28||
nābhicakre kāyavyūhajñānam ||29||
kaṇṭhakūpe kṣutpipāsānivṛttiḥ ||30||
kūrmanādyām sthairyam ||31||
mūrdhajyotiṣi siddhadarśanam ||32||
prātibhād vā sarvam ||33||
hṛdaye cittasamvit ||34||
sattvapuruṣayoratyantāsamkirṇayoḥ pratyayāviśeṣo bhogaḥ parārthatvāt svārthasamnyamāt
puruṣajñānam ||35||
tataḥ prātibhaśrāvaṇavedanādarśāsavadavārtā jāyante ||36||
te samādhāv upasargā| vyutthāne siddhayaḥ ||37||
bandhakāraṇaśaithilyāt pracārasamvedanā ca cittasya paraśarīrāveśaḥ ||38||
udānajayājjalapaṅkakaṇṭakādiṣvasaṅga utkrāntiśca ||39||
samānajayāt prajvalanam ||40||
śrotrākāśayoḥ sambandhasamnyamād divyam śrotram ||41||
kāyākāśayoḥ sambandhasamnyamāl laghutūlasamāpatteścākāśagamanam ||42||
bahirakalpitaḥ vṛttirmahāvīdehāl tataḥ prakāśāvaraṇakṣayaḥ ||43||
sthūlasvarūpasūkṣmānvayārthavattvasamnyamādbhūtajayaḥ ||44||
tato'ṇimādiḥprādurbhāvaḥ kāyasampat taddharmānabhighātaś ca ||45||
rūpalāvaṇyabalavajrasamhananatvāni kāyasampat ||46||
grahaṇasvarūpāsmītanvayārthavattvasamnyamād indriyajayaḥ ||47||
tato manojavitvam vikaraṇabhāvaḥ pradhānajayaśca ||48||
sattva-puruṣānyatā-khyāti-mātrasya sarva-bhāvādhiṣṭhātṛtvam sarva-jñātṛtvam ca ||49||
tadvairāgyādapi doṣabījakṣaye kaivalyam ||50||

sthāny-upanimantraṇe saṅga-smayākaraṇam punaḥ aniṣṭa-prasaṅgāt ||51||
kṣaṇatatkramayoḥ saṁyamādavivekajaṁ jñānam ||52||
jātilakṣaṇadeśairanyatā|anavacchedāt tulyayostataḥ pratipattiḥ ||53||
tārakaṁ sarvaviṣayaṁ sarvathāviṣayam akramaṁ ceti vivekajaṁ jñānam ||54||
sattva-puruṣayoḥ śuddhi-sāmye kaivalyam iti ||55||

iti patañjali-viracite yoga-sūtre tṛtīyo vibhūtipādaḥ

caturthaḥ kaivalya-pādaḥ |

janmauśadhimantratapaḥsamādhijāḥ siddhayaḥ ||1||
jātyantarapariṇāmaḥ prakṛtyāpūrāt ||2||
nimittam aprayojakaṁ prakṛtīnām| varaṇabhedastu tataḥ kṣetrikavat ||3||
nirmāṇacittānyasmitāmātrāt ||4||
pravṛttibhede prayojakaṁ cittam ekam anekeṣām ||5||
tatra dhyānajam anāśayam ||6||
karmāśuklākṛṣṇam yoginaḥ trividham itareṣām ||7||
tatastadvipākānugūṇānām evābhivyaktirvāsanānām ||8||
jātidēśakālvavyavahitānām apyānantaryaṁ,
smṛtisamkārayoḥ ekarūpatvāt ||9||
tāsām anādityaṁ cāśiṣo nityatvāt ||10||
hetuphalāśrayāmbanaiḥ saṁgrhītatvād eṣām abhāve tad-abhāvaḥ ||11||
atītānāgataṁ svarūpato'styadhvabhedād dharmānām ||12||
te vyaktasūkṣmā guṇātmānaḥ ||13||
pariṇāmaikatvād vastutattvam ||14||
vastusāmye cittabhedāt tayorvibhaktaḥ panthāḥ ||15||
na caikacittatantram vastu tad apramāṇakaṁ tadā kim syāt ||16||
taduparāgāpekṣatvāt cittasya vastu jñātājñātam ||17||
sadā jñātāścittavṛttayastatprabhoḥ puruṣasyāpariṇāmitvāt ||18||
na tat svābhāsaṁdrīśyatvāt ||19||
ekasamaye cobhayānavadhāraṇam ||20||
cittāntaradṛśye buddhibuddheratiprasaṅgaḥ smṛtisamkaraśca ||21||
citerapratisamkramāyāstadākārāpattau svabuddhisamvedanam ||22||
draṣṭṛ-dṛśyoparaktaṁ cittam sarvārtham ||23||
tad asamkhyeya-vāsanā-citram api parārtham samhatya-kāritvāt ||24||
viśeṣa-darśina ātma-bhāva-bhāvanā-vinivṛttiḥ ||25||

tadā viveka-nimnam kaivalya-prāg-bhāram cittam ||26||
tac-chidreṣu pratyayāntarāṇi saṃskārebhyaḥ ||27||
hānam eṣāṃ kleśavad uktam ||28||
prasamkhyāne`py akusīdasya sarvathāviveka-khyāter dharmameghaḥ samādhiḥ ||29||
tataḥ kleśakarmanivṛttiḥ ||30||
tadā sarvāvaraṇamalāpetasya jñānasyālanantyaḥ jñeyam alpam ||31||
tataḥ kṛtārthānām pariṇāmakramaparisamāptirguṇānām ||32||
kṣaṇapratiyogī pariṇāmāparāntani{grā}rhyāḥ kramāḥ ||33||
puruṣārthasūnyānām guṇānām pratiprasavaḥ kaivalyam, svarūpapratīṣṭhā vā citiśaktireti ||34||

iti patañjali-viracite yoga-sūtre caturthaḥ kaivalyapādaḥ |

|| iti pātañjala-yoga-sūtrāṇi ||